

8 Things Divorced People Want To Say To Their Married Friends

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I had never thought of divorce 15 years ago. Everything was perfect until ‘things’ started heading south. Divorce is personal, emotional and time-consuming. No one understands what you go through. Saying it **consumed me** is an underestimation. My advice?

For Utah residents, the divorce process begins by hiring an experienced divorce attorney in SLC to help you navigate legal processes. Then you have married friends who rally behind you every step of the way. Honestly, most of them can’t comprehend what you’re going through. Sometimes they may do or say hurtful things. Today, let us talk about those things.

1. Invite Me Out

After divorce, some couples stop inviting divorcees out for various events. Most of them are unaware of how hurtful it is. Divorce may have been the last option. It takes time to heal and come through.

2. Stop Nagging About it

Some married friends are fond of raising your divorce in each conversation. It may be several years since the separation, but ***it is uncomfortable talking about it frequently***. It’s advisable for friends to stop this behavior for divorced people to move on.

3. Don’t Update Me about My Ex

You may have a close friend in Salt Lake City who frequently meets with your ex. They may be tempted to inform you about your ex’s progress after divorce regularly. Once you divorce someone, it isn’t necessary to get regular update your friend about them.

4. Stop Besmirching My Ex

Sometimes, people who have been through a divorce are hard to understand. ***One may get annoyed if their friend talks ill about their ex.*** It's advisable to avoid besmirching someone's ex unless they initiate that conversation.

5. I'll Start Dating When I'm Ready

In most places, people get concerned if one stays for long without dating after divorce. ***Divorcees require adequate time to get over their ex and to heal emotionally.*** Some married friends think we should start dating as soon as you're legally separated. Nevertheless, take your time before you start seeing someone else.

6. Don't Carpool Me

Married friends appear selfish unknowingly. You may be attending an event with a married couple, but since you are divorced, they may ask you to drive your car rather than traveling together. Such an issue is sensitive to handle. Approach with caution since you don't want to sound pitiful, and neither do you want your friend to feel left out

7. Don't Judge Us

Some friends are quick to judge. All divorces are different, unique and personal. ***Different couples have different issues that lead to separation.*** Your friend may have a cordial relationship with your ex. At times, they may even blame you for the divorce. It's wise to listen to your friend but don't take sides.

8. Don't Pity Me

Some people give their divorced friends a weird pity look. It makes a divorcee feel uneasy around such people. Divorce isn't a terminal illness. ***One can lead a prosperous life after.***

Free Consultation with Experienced SLC, Utah Divorce Attorneys Wall & Wall Attorneys at Law

After being married to your partner for a while, individual differences may arise. It's advisable to solve them before problems escalate. However, you may opt to [file for divorce](#). Consider hiring a ***reputable Salt Lake City, Utah divorce attorney from Wall & Wall Attorneys at Law.*** We have [experienced lawyers](#) who are fluent in both Spanish and English. Call us at 801-441-2388 for a [free consultation](#).