

Resources for People Going Through A Divorce in Utah

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Sometimes marriages do not work out, and both partners might opt to seek a [divorce](#). **Divorces can cause a partner to develop health complications such as depression.** This is mainly due to the **stream of emotions** such as anger and fear that one experiences when going through a divorce. **Divorce can also strain your financial income as you struggle to cater for your kids on your own.**

If you are going through a divorce, **it is okay to seek help** if you are facing difficulties. There are many institutions established all over Utah that deal with **complications and challenges** that might arise due to a couple going through a [divorce](#).



At [Wall and Wall Attorneys at Law](#) in SLC, **we understand the difficulties that people have during divorce proceedings, and we are here to help.** If you are going through a divorce in Utah, [contact us](#) to find out how we can help you. We offer a [wide variety of services](#), and we can assist you with cases of [divorce](#), [visitation](#) and [custody](#), [custody evaluations](#), [guardianship](#), [family law](#) related issues and more.

Utah Offers Many Services for Those that Need Help:

If you are facing **social difficulties** or **mental health issues** you can visit any of the **shelters**, **community centers**, and **health facilities** listed below to get help. These centers offer services such as:

- Free day and night care for children
- Free parenting support at your premises
- Counseling for you and your family at a low cost
- Adults molested as children support groups
- Free or low-cost classes on anger management, parenting, and family blending
- Self-sufficiency programs and housing for homeless parents and their dependents

Domestic Violence Shelters in Utah

Utah has many [domestic violence](#) shelters that aim to **help victims of domestic violence**. The shelters offer support with services such as:

- Housing
- Crisis hotline
- Counseling
- Transport

- Advocacy

1. Utah Domestic Violence Help

24/7 LINKline: 1 800-897-LINK (5465)

2. Utah Domestic Violence Advisory Council – SLC

124 South 400 East Suite 300

Salt Lake City UT 84111

Phone: 801-521-5544

Website: <http://udvc.org/>

3. YCC of Ogden/Northern Utah

2261 Adams Avenue

Ogden, UT 84401

Phone: (801) 394-9456

Website: <https://www.ycchope.org/>

4. Peace House- Park City

1960 Sidewinder Drive, Suite 208

Park City, UT 84060

Phone: 435-658-4739

24 hour helpline: 1 800-647-9161

Website: <http://peacehouse.org>

5. The Center for Women & Children in Crisis

075 Provo UT 84063

Business phone: 801-374-9351

Hotline/Crisis: 801-377-5500

Website: <http://www.cwcic.org/>

6. Women in Jeopardy Program, YWCA

322 E. 300 South

Salt Lake City UT 84111

Hotline/Crisis: 801-537-8600

Toll-free: 855-992-2752

Website: <http://www.ywcautah.org/>

7. Tooele Safehouse, Office of Social Services

Tooele

Phone: 801-833-7300

8. Project Sanctuary

Project Sanctuary

PO Box 1563

Granby, CO 80446

Phone: 855-838-8255

<https://projectsanctuary.us>

Social Care and Mental Health Services in Utah and Salt Lake County

These medical and community centers offer various social care services such as *child care, counseling, mental health services, housing, and education.*

1. National Suicide Prevention Lifeline

24/7 free and confidential suicide prevention hotline: 1 800-273-8255

Website: <https://suicidepreventionlifeline.org>

2. Valley Mental Health

Valley Mental Health is a nonprofit organization that runs clinics to treat mental health issues. The clinics charge on a sliding scale based on one's financial power.

5965 South 900 East

Salt Lake City, UT 84121

888-949-4864(SLC)

www.vmh.com

3. Cornerstone Counseling Center

This is a free community-based health clinic offering services for addiction, mental health, and homelessness.

447 West Bearcat Drive

Salt Lake City, UT 84115

Phone: 801-355-2846

<https://www.voaut.org/cornerstone>

4. Family Support Center

This is a crisis center that helps fight child abuse. Most of their services are free while others are offered at low cost.

1760 W. 4805

Taylorsville, UT 84129

801-955-9110

<http://www.familysupportcenter.org/>

5. Family Counseling Center

Family Counseling Center is a non-profit counseling center that deals with issues of mental health. Charges are on a sliding scale.

650 E 4500 S

Suite 300

Murray, UT 84107

(801) 261-3500

6. Jewish Family Services

This is a non-profit social service organization that serves all denominations. They offer counseling, education, and care management to families, adults, and teens.

1111 E Brickyard Road

Suite 218, Salt Lake City

Utah 84106

<http://www.jfsutah.org/>

(801) 746-4334

7. LDS Family Services

The Church of Jesus Christ of Latter-Day Saints is a Christian based social service that offers services such as counseling, drug rehabilitation, and support groups.

1190 North 900 East

Provo Utah 84604-3598

801-422-7620

<https://providentliving.lds.org/>

8. The Children's Justice Center

The CJC is a county government program that helps families dealing with cases of child abuse.

315 South 100 East

Provo, Utah 84606

801-851-8554

<http://www.utahcounty.gov/Dept/cjc/index.asp>

9. Wasatch Mental Health

This is a profit mental health clinic that offers adult and family services. They charge for their services.

750 N. Freedom Blvd.

Provo, UT 84601

Main Number: (801) 373-4760

24 Hour Crisis Line: (801) 373-7393

<http://www.wasatch.org/blog/>

University Counseling Centers in Utah

The counseling centers usually **charge for their services on a sliding scale** to outside clients. Service to their **students is usually free**.

1. Argosy University

121 Election Rd. Suite 300

Draper, UT 84020

Phone: 1-888-619-3362

Students: 1-888-617-3362

<https://www.argosy.edu/locations/salt-lake-city>

2. University of Phoenix Counseling Center

5373 South Green Street Ste 200

Murray, UT 84123

Phone: 801-506-4142

<http://www.medicalhomeportal.org/services/provider/21362>

3. Brigham Young University Comprehensive Clinic

1190 North 900 East Provo

UT 84602

(801) 422-7759

<https://comprehensiveclinic.byu.edu/Pages/home.aspx>

4. University of Utah Behavioral Health Clinic

501 Chipeta Way,

SLC, Utah 84108

801-585-1212

<https://healthcare.utah.edu/uni/child-adolescent-services/behavioral-health-clinic.php>

5. University of Utah Educational Assessment and Student Services Clinic

Business Classroom Building Ste. 401

1635 Campus Center Drive

Salt Lake City, UT 84112

<http://education.utah.edu/educational-assessment/>

VA Medical Center

The VA Medical Center offers services ***tailored to military veterans***. All veterans facing family issues are encouraged to enroll.

Provo Vet Center

1807 North, 1120 West

Provo, UT 84604

Phone: 801-377-1117 or 801-377-1117

Crisis line: 1-800-273-8255

<https://www.saltlakecity.va.gov/patients/eligibility.asp>

Department of Workforce Services

The Department of Workforce Services is a government institution that ***helps people get work*** more easily. They also offer ***free social services*** for those that qualify, such as ***childcare***, to help their beneficiaries keep their employment.

55 S Main St Suite 3

Manti, UT 84642

866-435-7414

<https://jobs.utah.gov/>

How SLC Wall & Wall Attorneys at Law Can Help

At [Wall & Wall Attorneys at Law](#), we are ready to use our ***knowledge and experience*** to **help** anyone facing

difficulties emanating from a [divorce process](#). Call us at **801-639-9817** today or [visit our office](#) to get a **free half hour initial consultation**. We are located in Salt Lake City, Utah, and look forward to providing you with the **guidance and help you deserve** through this time.